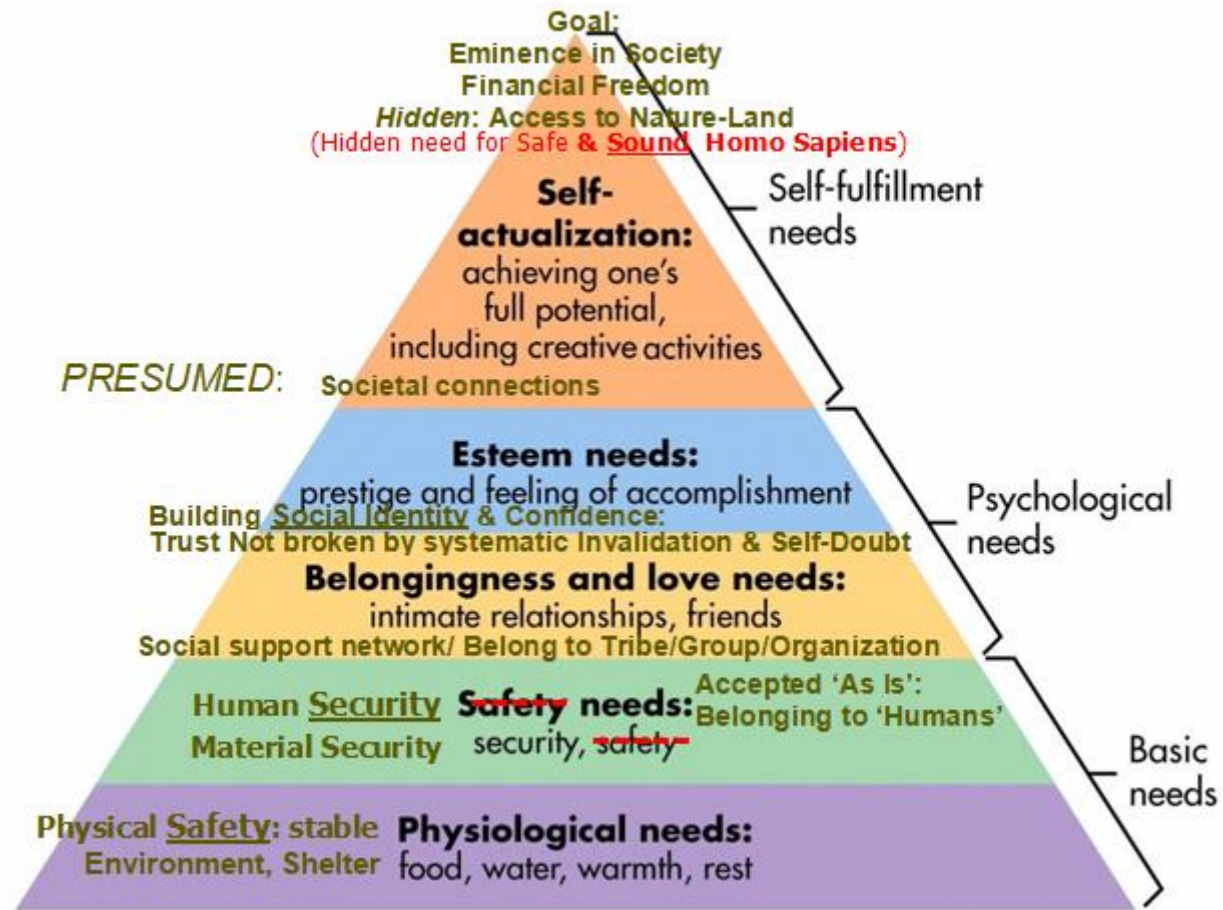
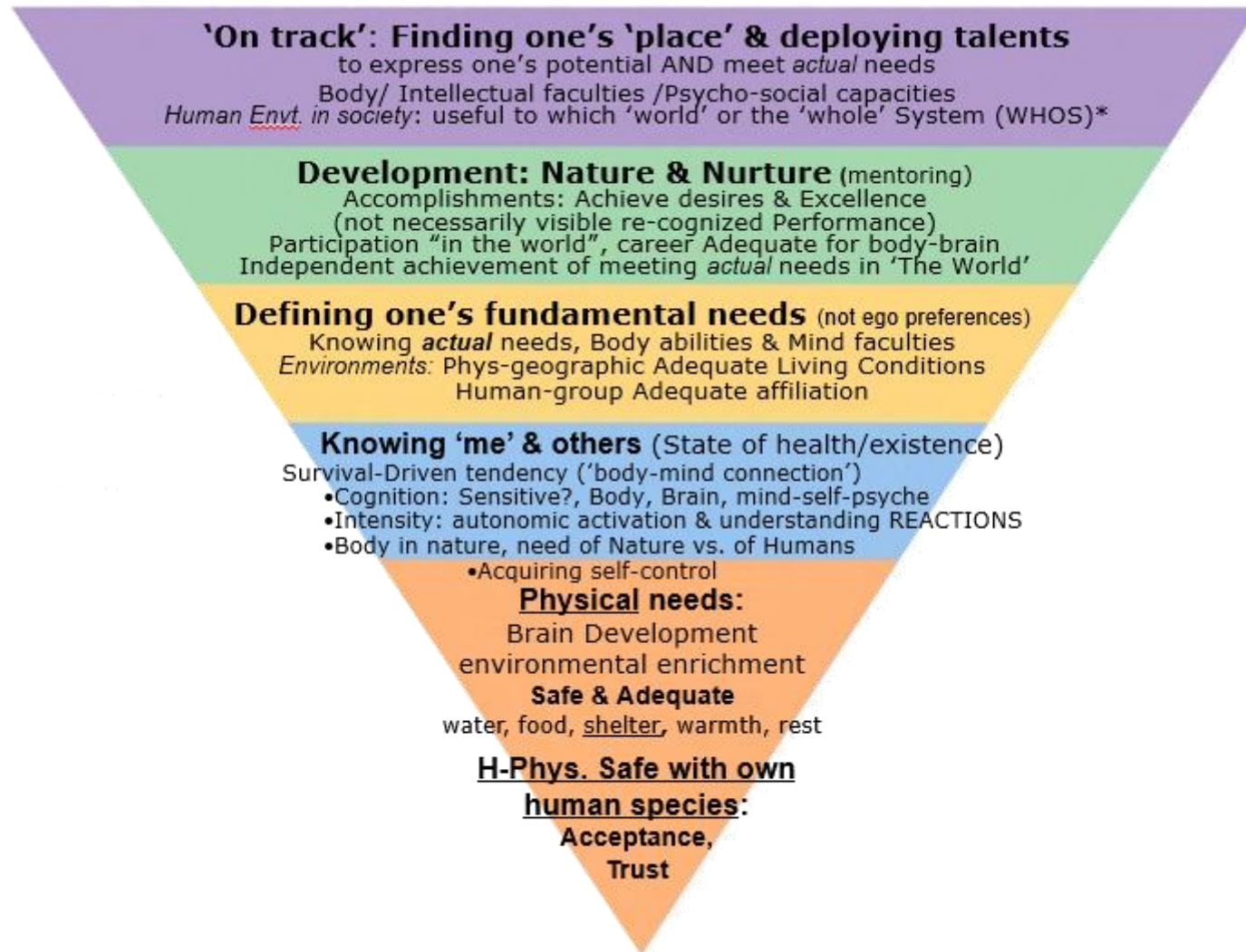


Maslow hierarchy of needs 2D 'pyramid' with a few additions



# Maslow's pyramid hierarchy is an incomplete health ecology for children and many women

This one is more focused on BioLife, not just Physical (material) and Social-emotional in 'human' Society



\***WHOS**: 'World' of 'Human' Organised Society in large numbers

\*\* **Autonomic Nervous System**: in neuroscience psychology it is considered the 'mind-body connection'. Its degree of activation of Sympathetic branch = degree of 'Drive' & Reactivity; high reactivity produces 'spirited' behaviour, being 'spirited'. The degree of both Sympathetic and Parasympathetic baseline activity (chronic) produces difficulties in childhood and syndromes in adulthood of physiologically 'sensitive' individuals (more women than men)

**The degree of deployment of these survival mechanisms** determines the **State of Health** = whether one can be Normal (wind-up & wind-down), highly activated or accelerated, or requiring regular complete un-wind ⇒ that is, the **State of Existence**, and how one can fit in with the dominant state of Civilised-Societal-Sedentary humans.

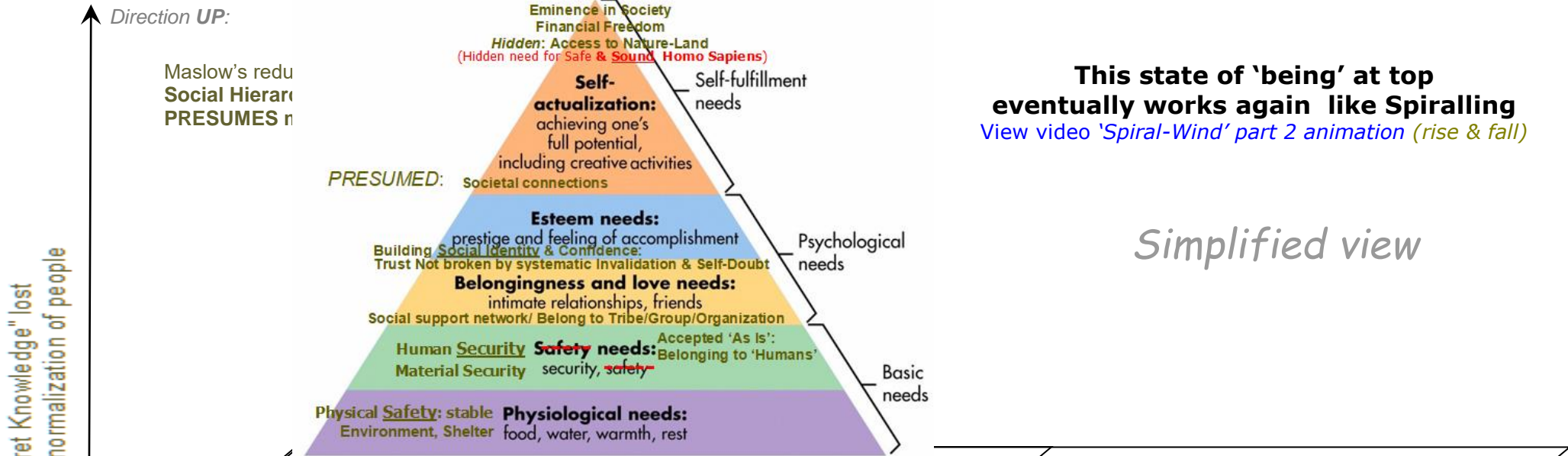
It also determines the dominance of certain intelligence faculties, the appearance or not of imagination and psychic phenomena, the type of religiosity if any.

At the boundary between the 2D 'pyramids'

viewed in 3D, at this boundary, are those who **Wind-Up & Wind-Down**, who rarely get rest and who never complete the emergence into 'normal' behaviour or 'fully adult' physiology (after Adrenarche, stabilized during puberty). They remain 'half-human', 'sub-human' according to dominant cultures, with a human head (mind) but a more wildlife-like body (e.g. bucolic/rural god Pan)

[These 'animal' needs (mammalian), are very habitually confused with 'animalistic' crazed behaviour that is socially judged 'crazy' (e.g. later stories about gods being crazed by nymphs, wine, or killing). Even psychologists often cannot tell the difference with mental madness.]

**Maslow's hierarchy with '3D' social 'The World' - More complete 3D picture of human states**

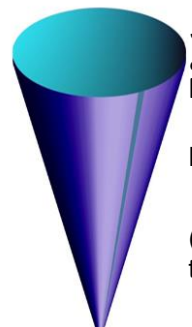
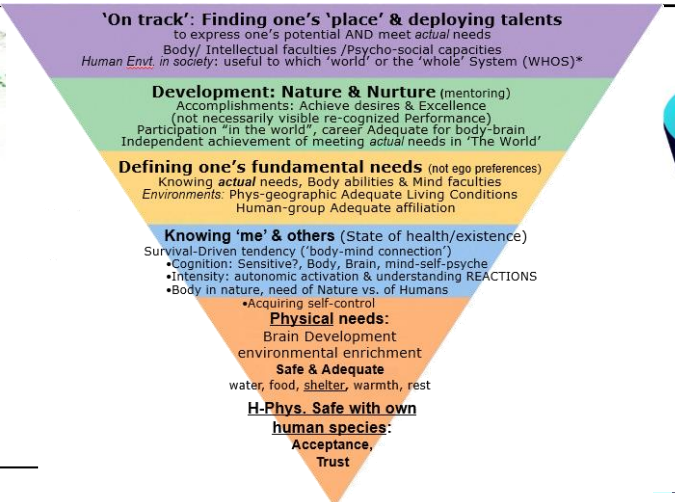
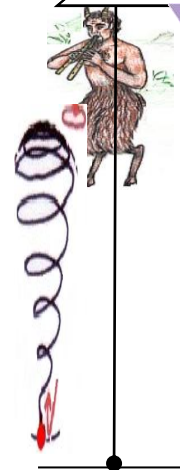


"Secret Knowledge" lost with normalization of people

**PRE-SUPPOSED 'natural': 'Normal' State of 'Human' existence & health**

The statistically dominant state of health/being: a self "in" the "lowly" body the "Normal" & "Fully Human" adult state between Puberty & Pause (andro/meno) (but not everyone 'grows out of' the body's physiologic bad behaviour in child).

View video 'Reveal Gender'  
2 horns = Y Bifurcation at surface  
"did not Rise enough" (2D model)



SEMANTIC DRIFTS in STORIES & Canonical SYMBOLS, IMAGES:  
Pan god (nature): "not fully human":  
2D: "did not fully cross" surface or "out of sea"  
Example: 'failure' life-in-society of a Capricorn  $\nabla$   
**DeValued as 'Sub-Human'**  
(e.g. ASD, women with syndromes, men who don't fight, the 'un-civilized' or primitive'...).

A portion of reactive people with syndromes operate this way

TRACES of 3D model (experience) IN COMMON LANGUAGE

If life becomes hypo-active, trying hard to PUSH "BACK UP" => PUSHES BACK OVERBOARD & "DOWN": re-initiates and maintains the Spiralling: the Flaring  $\leftrightarrow$  Crashes

**This state of existence under Pressure works like 3D Spiralling**

Cultural baggage: symbolic SNAKE & words: Spiraling out of hand  
View video 'Spiral-Wind' part 1 spirals



# Maslow's hierarchy within 2D societal 'The World' & More complete 3D picture of human states

The hidden goal is acceleration, 'spiriting up', activation of the Brain for Brain/Mind-Central-Control of 'lowly' body. Stable Success & Eminence WITHIN 'The World', takes special and relatively rare Material & Human circumstances that curtail Pressures on body & reduce Autonomic strain – few people ever reach 'Safe & Sound'.

*People successful and comfortable in Society live the 'easy' life*

**This state of 'being' at top eventually works again like Spiralling**

View video 'Spiral-Wind' part 2 animation (rise & fall)

ENDLESS Seeking 'Higher', 'Bigger'... in any domain, including 'positive' addictions, e.g. greed for 'MORE', ...but ALSO

- Dark Side of 'human nature'
- Killer diseases (affect men more) and DeGenerative lifestyle diseases/'aging'
- Madness, bi-polar Highs & Lows - mania & body-destructive...

TRACES of 3D model (experience)

IN COMMON LANGUAGE:

NOT "Lacking Development":

rather **Pushed overboard**: this can result in **Active Suppression** that is **NOT a "LackOf High"** deployment.

(eg ASD brain over-Growth, then slow) (eg PE Parasympathetic Excess under Sympathetic Challenge... suppresses basic life functions, circulation, digestion, brain oxygenation...)

*A portion of reactive people with syndromes operate this way*

And if life becomes hypo-active, trying hard to PUSH "BACK UP" ⇒ PUSHES BACK OVERBOARD & "DOWN": re-initiates and maintains the Spiralling:

**the Flaring ⚡ Crashes**

characteristic of many female syndromes and of overall human behaviour.

symbol ⚡ denotes 'Rise UP' & bifurcation, closing surface (H-system, self) "Fall" 'back DOWN', only to restart 'Rise'... ⚡ = 'not fully' (2D drifted meaning)

Direction UP: progress, development (Stanford Pr emerita Barbara Tversky)

Maslow's reductionist 2D Social Hierarchy of Self PRESUMES:

"Secret Knowledge" lost with normalization of people

## PRE-SUPPOSED natural: 'Normal' State of 'Human' existence & health

The statistically dominant state of health/being: **self** "in" the "lowly" body

A State of Health established by Adrenarche

"Normal" & "Fully Human" is the stabilised adult state between

Puberty & Pause (andro/meno) (*but not everyone 'grows out of' the body's physiologic bad behaviour in child*). *Small children and pregnant women are not in this state: hence 'adult male' medical frame.* Autonomics: **wind-up (⊖) wind-down** (never UN-wind completely)

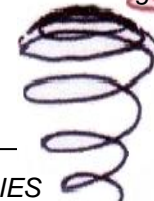
With baseline agitation/effort: the idle brain is the 'Default Mode' (no Peace of Mind)

*Topologic 2D 'Flatland' oriented-UP surface behaviour:*

View video 'Reveal Gender'

2 horns = Bifurcation at surface

"did not Rise enough" (2D model)



'On track': Finding one's 'place' & deploying talents to express one's potential AND meet actual needs Body/ Intellectual faculties /Psycho-social capacities Human Env't. in society: useful to which 'world' or the 'whole' System (WHOS)\*

**Development: Nature & Nurture** (mentoring) Accomplishments: Achieve desires & Excellence (not necessarily visible re-cognized Performance) Participation "in the world", career Adequate for body-brain Independent achievement of meeting actual needs in 'The World'

**Defining one's fundamental needs** (not ego preferences) Knowing actual needs, Body abilities & Mind faculties Environments: Phys-geographic Adequate Living Conditions Human-group Adequate affiliation

**Knowing 'me' & others** (State of health/existence) Survival-Driven tendency ('body-mind connection') •Cognition: Sensitive?, Body, Brain, mind-self-psyche •Intensity: autonomic activation & understanding REACTIONS •Body in nature, need of Nature vs. of Humans

**Physical needs:** Brain Development environmental enrichment **Safe & Adequate** water, food, shelter, warmth, rest

**H.Phys. Safe with own human species:** Acceptance, Trust

SEMANTIC DRIFTS in STORIES & Canonical SYMBOLS, IMAGES:

**Pan god** (nature): "not fully 2D: "did not fully cross" surface or

Example: 'failure' life-in-society of a Capricorn ⚡

**DeValued as 'Sub-Human'**

(e.g. ASD, women with syndromes, men who don't fight, the 'un-civilized' or primitive'...).

**This state of existence under Pressure works like 3D Spiralling**

Cultural baggage: symbolic SNAKE & words: Spiraling out of hand

View video 'Spiral-Wind' part 1 spirals

but ALSO wild-biology co-regulation can reduce Pressure and allow full Un-Wind of survival mechanisms & Spiral ⇒ restore HIDDEN un-'Affected' State of 'Ease'

