

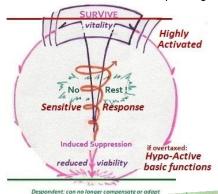
Topologic Situation Modelling®

Imag<u>ing</u> reactive syndromes vs. «It's all in your head, imag<u>ined</u>»



This inherent, generic mode of thinking-in-imaging apprehends the sense of being 'pushed too far', past one's limits [fig.1], and how to stop it going 'there'. The latter, however, is impaired by social judgements and conventionalised frameworks of thought. This mode offers a radically opposed view of 'female weak health' and syndromes of instability, a view common in women's gestures in talking of 'loosing their life' (body viability, mind, social circle, career). They do not receive clear diagnosis *because <'it's all in their head'>*, or receive inadequate treatment based on their 'simply being hypo-<u>reactive' [fig.2]</u> – a 'lack of high' function; this inverted logic is damaging. They are given stimulants when they actually are 'over'-exerted, feel that they have exhausted their high 'nerves' power, drive. This paradox of medical/patient views can be modelled:

(1) Patient's view of what 'presents': Pressure to 'rise' induces spiralling



Strategy: Respite-Rest-Recover (RRR®) bringing the body back to life with low-impact activity (e.g. Mitchell W.S. (1877) on the 'Rest Cure')

The Non-Urging sorry, practical impossibility!

Imagining things ...?

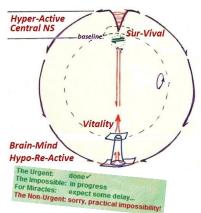
A patient's 'too much surviving all the time' as it Presents (fig.1) — a survival drive exhaustion & 'viability' loss is professionally translated into perspective-biased conventionalised frameworks, and Re-Presentations (fig.2) of not enough central Re-Action, or 'lack of' high-order brain-mind compensation or specific adaptations learning or general raising of 'vitality'. This ignores the basics: global living conditions under high pressure that push 'over the edge', past limits, and suppress basic vegetative functions (e.g. metabolic fatigue).

What could be done, simply is not.

The least costly basic option – reducing pressures of *all* kinds as *well* as 'high' functions to avoid survolting autonomic neurons– is not enabled or even allowed. The problem has now spread to men and is rising in the rest of the population (2021).

The view that feeling this is 'Imagining things' or lazy procrastination is now increasingly challenged.

(2) Medical/Psychological re-Presentation



Strategy: Dope Dampen
Re-start survival drive: leads to bi-polar spiralling
Activation-Alert-Alarm (AAA®)