## Appendix B2 - The 3-stars experiment

Materials: paper pad, pen, and the animations <6 Homothetic centre External> and <7 Homothetic centre Internal>.

## Representing the $\mathbf{3}$ stars of Orion's Belt

The following experiment will help demonstrate that the 3 fundamental perspectives introduced in <B1\Lever experiment> are valid and accurate representations, and yet differ in their details, and particularly in spatial orientation. The crucial implication is that when researchers observe 'the world', the observing operates in one of these 3 modes, and the representation produced by one researcher does not match those produced by using the other 2 modes, yet all are technically valid. Making drawings will allow the reader to experience directly the fundamental differences between the 3 basic possible views which, for our purpose, can be understood as: objective (external), subjective (internal), and nexial ('inside').

The 3 stars of Orion's belt are particularly apt for this experiment. They are the object of a controversy concerning their possibly being the origin of the ground plan of the Great Pyramids in Egypt, and how the architect might have derived the construction plan from the sky configuration. One of the stars in this trio is not quite aligned to the other two: the axis is skewed. Standing outdoors under the sky, looking at


Figure 38a Orion's belt and pyramids www.astronomycafe.net/ qadir/q2427.html these stars when facing North or facing South, appears to invert. the skewed axis and the order of the stars. Try this:

The 3 stars are reproduced below (figure 38b), in an image that can be photocopied. Pasting this copied image onto the ceiling will produce an effect equivalent to that of standing outdoors under the night sky. Before pasting the image, define a 'North' on the image, and note it, as well as the other three directions. Whether you face North or South as you 'stand under the stars' doesn't matter,, but choose one fixed position to look up at the image of the stars. You are now going to draw what you see on a pad of paper, three times, each time onto a different sheet, according to the following three sets of instructions For each drawing,
reproduce the stars and their relative positions, as well as the 4 directions, East, West, South, North. You will have produced 3 maps, which will be compared.

## Instructions:

1. Stand with your paper pad, look up at the ceiling, and then look down onto your paper. Draw what you see on a sheet of paper.
2. Lie down on the floor, holding your pad in front of you, up in the air, itself in front of the image pasted on the ceiling. Look at both the ceiling picture and your paper, in the same line of vision, and draw again.
3. Imagine now that you are an Egyptian architect who wants to build 3 pyramids in a configuration, on the ground, that 'looks the same' as the 3 stars he sees up in the sky, as if he is one of the stars (after death, may be). Imagine yourself to be the middle star, standing among the other two stars in the sky, one in front of you, the other behind. Draw again all 3 stars and the 4 directions.

Now compare your 3 pictures. Match the shape and skewed axes of the 3 stars, and the orienting cross of the 4 directions. Try to make the 4 directions on the three images match. Start with North, and then match the other directions. What do you find?

## Comments:

1. In position 1 , you are a self looking at the 3 stars and you look alternatively up at the stars and down at your paper [note the 'inverting']. Imagine the edge of your field of vision as a spherical surface touching the ceiling at the top and your piece of paper at the bottom, and you are at the centre of the sphere (your observing self, which is located in the head, is a this centre). Paper and ceiling are on the opposite sides of a diameter of the sphere. The 3 stars on the ceiling are projected onto the spherical 'internal' surface of the ball that is your observed world in this moment. You can make the ceiling picture and your drawn picture correspond directly, simply by sliding, in imagination, the ceiling image, which is above your head, along the spherical surface, down towards in front of you, then further down to the surface of your paper pad, below your head. The up and the down determine the equivalent of a subjective view similar to that of 'Heaven and Earth' or 'Above and Below', with 'man' in the 'middle'. Both pictures of the stars and drawing are 'within' the sphere, but only on a surface (the internal surface). This is a 'view from within' (Varela \& Shear, 1999), which makes the observer's viewpoint the centre of geometric projection. This centre is located in the head and bound to sensory perception. This is an intrinsic centre of
projection. This way of projecting to represent the observed produces a mind reality that is 'a mirror of reality' (or inversely, reality appears to be a reflection of consciousness).

You will notice that if you match the picture of the 3 stars and your drawing, the north and south are inverted compared to the way we represent them in Occidental culture. This is the way the Chinese represent the 4 directions (South at the bottom). This is a symptom of their dominant cultural bias toward the subjective, the emotional, the social, and 'inner alchemy'. The transformation from one image to the other involves movement.
2. In position 2, you looked at the sky in an objective way, by 'putting it in front of you', 'putting distance between observer and observed', or 'posing it like a problem', and did the same for your drawing paper. A metaphor could compare the ceiling image to a problem, and the drawing made to a solution to symbolise their geometric relation. If you try to match the drawing and the reality on the ceiling, you find them inverted again, but differently than for position 1. In this case, the observer is a centre of extrinsic geometric projection, again onto surfaces. This objective - and objectifying - perspective corresponds to the detached mindview of the normal scientist and the intellectual philosopher. This stance is typical of the Western mind-body differentiation: the senses look down onto the body-object rather than sense internally, and the doctor observes only objective symptoms (taking only indirectly account of subjective internal sensations, and not at all another, global, way of observing one's 'life' without distinction). The transformation from the ceiling image to the paper drawing involves a direct transfer of patterns, as is commonly found in psycho-somatic explanation, as well as brain-mind explanation of physical symptoms.

The differences between the positions of 'intrinsic' and 'extrinsic' centres can be intuitively apprehended by viewing the two animations <6 Homothetic centre External> and $<7$ Homothetic centre Internal>.
3. In position 3, you imagine yourself to be the middle star, you see where the other 2 are placed relatively to you, and then you place them on the paper in that same way, relative to your own position. This is a 'nexial' perspective (or that of a fulcrum): you were 'inside the image' of the 3 stars, and what would happen to all three of them would happen to you. Your lived universe was 'you and the 2 other stars', and the observer-actor-receptor is at the core of volume or mass that 'surrounds' the observer. The fact that is it someone's view of 'the world' (the 3 stars) that is being drawn is clearer from this position than it was from the subjective and objective positions. You were one of the 3 stars, and perhaps were more
conscious that it is your observing and drawing that made the projections, rather than attributing to them an absolute reality. Another way to formulate this is that in this position, we 'know by being' (being one of the stars), or 'by doing' (performing the drawing, doing the observing).

When I had my son, Archie, do these drawings. I did not give him instructions. He spontaneously took this third observing position and drew a 'nexial' picture. This position corresponds to a more 'primitive' viewpoint that does not discern observer from observed, self from world, but the attribution of 'real' or 'natural' or 'human' qualities to the representation is not primitive at all, but learned. Adopting either of the other two views requires even more intellectual or experiential effort.

If you keep playing with the three images, matching the star pictures, but also trying to match the 4 directions, you may find as I did that the 3 drawings simply cannot be made to match completely. They are different representations of the same reality observed (the picture on the ceiling), with different details. Yet none is less valid than are the others. There is no way of evaluating which one is 'better'. They simply are useful for different purposes. These views may, then, be simply considered 'different modes', each offering a different perspective. We use a process similar to this when we 'walk in someone else's shoes' to feel 'what it is like', and thus free ourselves from judgement and from invalidating others' views, their persons and even their entire life realm. A 'multi-perspectival' view allows one to let go of values in situations in which their differentiating and separating properties are damaging rather than useful.

If, instead of printing the image of the 3 stars provided here and following instructions, you had gone outdoors to look at the night sky, your first drawing (one of the 3 types) would have disclosed your preferential mode of observation This mode is what gives you the preferential view you have of the world, your 'fundamental' values and beliefs, your 'perspectival bias', which a habitual characteristic, learned and internalised in childhood, along with ways of conventionalising (for example a human 'self-world' view or a scientific view of body-environment). I was educated and trained intellectually, in childhood, in the objective, Left- perspectival style (French emphasis on the Cartesian tradition), and this remains the 'twist' (perspectival bias) my brain-mind takes when it is 'pushed' into a 'survival mode' or a 'hard work' mode.

Below is the image to print and paste onto the ceiling.

